

SHORT SCALE EPQ-R (EYSENCK PERSONALITY QUESTIONNAIRE REVISED)

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Instructions

The following questions refer to habits, behaviors, and character traits that a person can have. There are no right or wrong answers. What matters is that he answers ALL the questions honestly, actually thinking about his usual way of being and behaving. Please read one question carefully at a time and answer with either **Yes** or **No**.

1. Do I have frequent mood swings?
2. Do I attach great importance to people's opinion?
3. Am I a person who speaks willingly?
4. If I say that I will do one thing, then I always keep my promise, however heavy?
5. Do I ever feel depressed for no reason?
6. Would I worry about having a debt?
7. Am I rather cheerful in character?
8. Have I ever been greedy, taking more than I expected?
9. Do I get irritated easily?
10. Would I take a drug, even though I know it can have strange or harmful effects?
11. Do I like meeting new people?
12. Have I ever scolded someone for a problem that was actually mine?
13. Does it take little to hurt my sensitivity?
14. Do I prefer to go it alone rather than follow the rules?
15. While attending an animated party, I usually manage to let go, feel comfortable and have fun?

16. Are all my habits good and acceptable?
17. Do I often get the feeling that "I just can't take it anymore"?
18. Do I value good manners and cleanliness? .
19. In general, am I the one who takes the lead when it comes to making friends with someone?
20. Have I ever taken something, even a pin, that belonged to another?
21. Do I consider myself a nervous person?
22. Do I think marriage is an old-fashioned custom and should be eliminated?
23. Would I be able to easily animate a boring party?
24. Have I ever lost or damaged something that belonged to another person?
25. Do I worry easily?
26. Do I enjoy working with others?
27. When I am with people, do I tend to stand aside?
28. Do I worry if I know I made mistakes in my job?
29. Have I ever said something bad or unpleasant about others?
30. I consider myself a tense and nervous person?
31. I think people spend too much time worrying about the future, making savings and insurance?
32. Do I like being around people?
33. As a child, did I happen to be cheeky with my parents?
34. Do I worry too long after an embarrassing experience?
35. Do I try not to be rude to others?
36. Do I like having a lot of movement and animation around me?

37. Have I ever cheated to win in any game?
38. Do I suffer from nervousness?
39. I wish others were afraid of me?
40. Have I ever taken advantage of someone?
41. Am I mostly silent when I am with people?
42. Do I often feel alone?
43. Is it better to follow the rules of society than to go it alone?
44. Do people consider me full of vitality?
45. Do I always practice what I say?
46. Do I often feel guilty?
47. Do I have to put off what I should do today until tomorrow?
48. Am I capable of getting a party going?

Scoring Key

To determine your relative scores on each of the scales, give yourself **1** point for answering either **Yes** or **No** to the appropriate questions.¹

Psychoticism Scale (Max = 12)

- 1 point each for answering "Yes" to questions: 10, 14, 22, 31, 39
- 1 point each for answering "No" to questions: 2, 6, 18, 26, 28, 35, 43

Extroversion Scale (Max = 12)

- Yes: 3, 7, 11, 15, 19, 23, 32, 36, 44, 48
- No: 27, 41

Neuroticism Scale (Max = 12)

¹ <https://psych.wisc.edu/braun/281/Personality/EysenckKey.htm>

Yes: 1, 5, 9, 13, 17, 21, 25, 30, 34, 38, 42, 46

Lie Scale (Max = 12)

Yes: 4, 16, 45

No: 8, 12, 20, 24, 29, 33, 37, 40, 47

Interpretation

To easily interpret the scores, they should be correctly plotted on a graph.